

CURRICULUM VITAE

Jeff E. Brooks-Harris, Ph.D., ABPP
October 22, 2009

EDUCATION

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| Ph.D. | 1990 | <u>Counseling Psychology</u> (APA Accredited) The Ohio State University, Columbus, Ohio |
| M.A. | 1987 | <u>Counseling Psychology</u> Southern Illinois University, Carbondale, Illinois |
| B.A. | 1984 | <u>Psychology</u> DePauw University, Greencastle, Indiana |

DISSERTATION

Changing men's male sex role attitudes and help-seeking attitudes, 1990, Martin Heesacker, Ph.D.

LICENSURE

Hawaii: Licensed Psychologist, # PSY-539, 1994

Illinois: Licensed Clinical Psychologist, 1991

BOARD CERTIFICATION

Specialist in Counseling Psychology, American Board of Professional Psychology (ABPP), 2004

EMPLOYMENT

Associate Professor, Tenure Track, 2008 – present
Texas Woman's University, Department of Psychology and Philosophy, Denton, TX

Psychologist / Faculty Specialist, 2004 – 2008
University of Hawaii at Manoa, Counseling and Student Development Center, Honolulu, HI
Promoted to Full Faculty Specialist rank, 2004
Tenured and Promoted to Associate Faculty Specialist rank 1999
Hired at Assistant Faculty Specialist rank 1994

Adjunct Psychology Faculty, 2004 – 2008
Argosy University-Hawaii, Clinical Psychology, Honolulu, HI

Counseling Psychologist, 1990 – 1994
Southern Illinois University, Counseling Center, Carbondale, IL

Predocctoral Psychology Intern, 1989 – 1990
University of Utah, University Counseling Center, Salt Lake City, UT (APA Accredited)

TEACHING

Courses Taught at TWU

PSY 4153 – Counseling Theory and Practice
PSY 4173 – Foundations of Family Psychology
PSY 5523 – Clinical Therapeutic Group Processes
PSY 5554 – Theory and Practice of Counseling and Psychotherapy (w/ Skills Lab)
PSY 5663 – Theory and Practice of Couples Psychology
PSY 6593 – Advanced Family Psychology and Systems Interventions
PSY 5923 – Supervised Practicum

Doctoral Dissertations at TWU

Nicole Roblyer, *Comparing the use of multitheoretical strategies between integrative and single-theory psychotherapists*. (in progress)

Master Equivalency Projects at TWU

Rhea White, *Does religious homogamy mediate the impact of religious coping on stress and family satisfaction?* (in progress)

Honors Capstone Papers at TWU

Jessamyn Howe, *Meeting the mental health needs of elderly lesbian, gay, and bisexual men and women* (April 2009)

SCHOLARSHIP

Refereed Publications

Journal Articles

Brooks-Harris, J. E. (2001). Saying good-bye ten years later: Resolving delayed bereavement. *Journal of College Student Psychotherapy*, 16, 119-134.

Brooks-Harris, J. E., Heesacker, M., & Mejia-Millan, C. (1996). Changing men's male gender-role attitudes by applying the elaboration likelihood model of attitude change. *Sex Roles*, 35, 563-580.

Heesacker, M., & Harris, J. E. (1993). Cognitive processes in counseling: A decision tree integrating two theoretical approaches. *The Counseling Psychologist*, 21, 687-711.

Non-Refereed Publications

Authored or Coauthored Books

Brooks-Harris, J. E. (2008). *Integrative multitheoretical psychotherapy*. Boston: Houghton Mifflin.

Brooks-Harris, J. E. & Stock-Ward, S. R. (1999). *Workshops: Designing and facilitating experiential learning*. Thousand Oaks, CA: Sage.

Book Chapters

Brooks-Harris, J. E. (in press). *Multicultural counseling in a multitheoretical context: New applications for practice*. In M. E. Gallardo, C. J. Yeh, J. E. Trimble, & T. A. Parham (Eds.), *A culturally adaptive model of counseling: Working with clients from a multicultural skill based perspective*. Thousand Oaks, CA: Sage.

Brooks-Harris, J. E. (2008). Integrative / eclectic therapy. In F. T. L. Leong (Ed.) *Encyclopedia of Counseling* (Vol. 1). Thousand Oaks, CA: Sage.

Ivey, A. E. & Brooks-Harris, J. E. (2005). Integrative psychotherapy with culturally diverse clients. In J. C. Norcross & M. R. Goldfried (Eds.), *Handbook of Psychotherapy Integration* (2nd ed.). New York: Oxford University Press.

Brooks-Harris, J. E. (2002). Saying good-bye ten years later: resolving delayed bereavement. In S. E. Cooper, J. Archer, & L. C. Whitaker (Eds.). *Case book of brief psychotherapy with college students*. New York: Haworth Press.

Training Videos

Brooks-Harris, J. E. & Hamada, W. C. (2007). *Multitheoretical Counseling and Psychotherapy (Vol. V): Multicultural Counseling and Psychotherapy*. [videotape]. Hanover, MA: Microtraining Associates.

Brooks-Harris, J. E. & Oliveira-Berry, J. M. (2004). *Multitheoretical Counseling and Psychotherapy (Vol. IV): Psychodynamic Counseling and Psychotherapy*. [videotape]. Hanover, MA: Microtraining Associates.

Brooks-Harris, J. E. & Oliveira-Berry, J. M. (2002). *Multitheoretical Counseling and Psychotherapy (Vol. III): Experiential Counseling and Psychotherapy*. [videotape]. Hanover, MA: Microtraining Associates.

Brooks-Harris, J. E. & Oliveira-Berry, J. M. (2001a). *Multitheoretical Counseling and Psychotherapy (Vol. I): Cognitive Counseling and Psychotherapy*. [videotape]. Hanover, MA: Microtraining Associates.

Brooks-Harris, J. E. & Oliveira-Berry, J. M. (2001b). *Multitheoretical Counseling and Psychotherapy (Vol. II): Behavioral Counseling and Psychotherapy*. [videotape]. Hanover, MA: Microtraining Associates.

Instructor's Manual

Messina-Yauchzy, M., Brooks-Harris, J. E., & Gertner, D. M. (1998). *Teaching Men's Lives* (An Instructor's Resource Manual to accompany *Men's lives* (4th ed.) edited by M. S. Kimmel & M. A. Messner). Boston: Allyn & Bacon.

Presentations at Professional Meetings

- Brooks-Harris, J. E., Kelley, L., Paul, R., & Roblyer, N. (2009, November). Multitheoretical psychotherapy for depression: Working interactively and combining effective strategies. Continuing education workshop to presented at the annual meeting of the Texas Psychological Association, Houston, TX.
- Brooks-Harris, J. E. (2009, August). *Multitheoretical psychotherapy: Working interactively and combining strategies from ESTs*. Continuing education workshop presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Howe, J. E., Strain, J. D., & Brooks-Harris, J. E. (2009, August). *Meeting the mental health needs of elderly lesbian, gay, and bisexual men and women*. Poster presented at the annual conference of the American Psychological Association, Toronto, Canada.
- Brooks-Harris, J. E. (2009, May). *Working interactively with thoughts, actions, and feelings in Multitheoretical psychotherapy*. Program presented at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Seattle, WA.
- Brooks-Harris, J. E. (2008, May). *Biopsychosocial psychotherapy: Conceptualization model and thirteen key strategies*. Program presented at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Los Angeles, CA.
- Brooks-Harris, J. E. (2006, May). *Key strategies training: Translating psychotherapy theories into practical skills*. Program presented at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Los Angeles, CA.
- Brooks-Harris, J. E. (2006, May). *Multitheoretical psychotherapy: A new approach to integrative treatment and training*. Program presented at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Los Angeles, CA.
- Brooks-Harris, C. N. & Brooks-Harris, J. E. (2005, November). *Enhancing educational effectiveness: Group facilitation skills and experiential learning activities*. Workshop presented at the National Conference on Students in Transition, Costa Mesa, CA.
- Brooks-Harris, J. E. (2005, October). *Teaching psychotherapy skills using the key strategies training method*. Program presented at the annual meeting of the Association of Counseling Center Training Agents, Big Sky, MT.
- Brooks-Harris, J. E. (2004, October). *Cognitive-multicultural strategies*. In J. E. Brooks-Harris (Chair), *Culture centered psychotherapy interventions: Adapting cognitive, behavioral, and interpersonal strategies*. Symposium conducted at the meeting of the Hawaii Psychological Association, Honolulu, HI.
- Brooks-Harris, J. E. (2004, July). *Integrative psychotherapy training at a university counseling center practicum*. Program presented at the meeting of the American Psychological Association, Honolulu, HI.
- Brooks-Harris, J. E. (2004, July). *Multicultural treatment planning*. In D. Altschul (Chair) *Multicultural skills training: Operationalizing a treatment, training, and research model*. Symposium conducted at the meeting of the American Psychological Association, Honolulu, HI.

- Brooks-Harris, J. E. (Chair)(2004, July). *Culture-centered psychotherapy interventions: Adapting strategies from five theoretical approaches*. Symposium conducted at the meeting of the American Psychological Association, Honolulu, HI.
- Brooks-Harris, J. E. & Oliveira-Berry, J. M. (2003, December). *Integrative treatment planning for brief therapy: A multitheoretical approach*. Program presented at the Brief Therapy Conference, San Francisco, CA.
- Brooks-Harris, J. E. (2003, October). *Facilitating cultural identity development*. In D. Altschul (Chair), *Multicultural skills training: Translating theory into practice*. Symposium conducted at the meeting of the Hawaii Psychological Association, Honolulu, HI.
- Brooks-Harris, J. E. (2003, October). *Using experiential strategies within an integrative, CBT, or psychodynamic framework*. In J. E. Brooks-Harris (Chair), *Experiential strategies for psychotherapy: Four examples with video demonstrations*. Symposium conducted at the meeting of the Hawaii Psychological Association, Honolulu, HI.
- Brooks-Harris, J. E. (2003, March). *Experiential counseling: Key strategies for promoting adaptive feelings and personal growth*. Program presented at the meeting of the Hawaii Counseling Association, Honolulu, HI.
- Brooks-Harris, J. E. & Oliver, K. E. (2003, March). *Integrative counseling and psychotherapy: Multitheoretical practice for multidimensional clients*. Program presented at the meeting of the Hawaii Counseling Association, Honolulu, HI.
- Brooks-Harris, J. E. (2002, December). *Intentional multitheoretical psychotherapy: A new approach to brief integrative therapy*. Program presented at the Brief Therapy Conference, Orlando, FL.
- Brooks-Harris, J. E. (2002, October). *Key strategies for multicultural psychotherapy: Translating theory into practice*. Program presented at the meeting of the Hawaii Psychological Association, Honolulu, HI.
- Brooks-Harris, J. E. & Brooks-Harris, C. N. (2002, October). *Designing effective advising workshops: An experiential/learning styles approach*. Workshop presented at the meeting of the National Academic Advising Association, Salt Lake City, UT.
- Brooks-Harris, J. E. (2002, March). *Skill-based psychotherapy integration: A microskills training method for counselors*. Full-day continuing education workshop presented at the meeting of the American College Personnel Association, Long Beach, CA.
- Brooks-Harris, J. E. (2002, March). *Integrating and expanding your counseling and psychotherapy skills*. Workshop presented at the meeting of the American College Personnel Association, Long Beach, CA.
- Brooks-Harris, J.E. (2001, October). *Skill-based psychotherapy integration: A microskills approach to training*. Program presented at the meeting of the Hawaii Psychological Association, Honolulu, HI.
- Brooks-Harris, J.E. (2001, March). *Skill-based psychotherapy integration: A practicum training model*. Program presented at the National Counseling Psychology Conference, Houston, TX.

- Brooks-Harris, J.E. (2001, March). *Workshop design and facilitation: An experiential learning model*. Program presented at the National Counseling Psychology Conference, Houston, TX.
- Brooks-Harris, J. E. & Brooks-Harris, C. N. (2000, October). *Designing effective advising workshops: An experiential/learning styles approach*. Program presented at the meeting of the National Academic Advising Association, Orlando, FL.
- Brooks-Harris, C. N. & Brooks-Harris, J. E. (2000, October). *Student-to-student advising: An innovative strategy for training peer advisors*. Program presented at the meeting of the National Academic Advising Association, Orlando, FL.
- Stock-Ward, S. R., & Brooks-Harris, J. E. (2000, April). *Designing workshops with experiential learning activities*. Program presented at the meeting of the American College Personnel Association, Washington, DC.
- Brooks-Harris, J. E. (2000, March). *Designing workshops with four types of learning activities*. Program presented at the meeting of the Hawaii Counseling Association, Honolulu, HI.
- Brooks-Harris, J. E. (1999, March). *Promoting experiential learning in group counseling*. Program presented at the meeting of the Hawaii Counseling Association, Honolulu, HI.
- Brooks-Harris, J. E., & Stock-Ward, S. R. (1997, August). *Designing psychoeducational workshops: An experiential/learning styles approach*. Program presented at the meeting of the American Psychological Association, Chicago, IL.
- Brooks-Harris, J. E. (1997, March). *Promoting experiential learning in group counseling*. Program presented at the meeting of the American College Personnel Association, Chicago, IL.
- Shollenberger, K. G., Ideta, L. M., & Brooks-Harris, J. E. (1997, March). *Building community through the acceptance of diversity: The NCBI model*. Program presented at the meeting of the American College Personnel Association, Chicago, IL.
- Harris, J. E., & Stock-Ward, S. R. (1996, March). *Designing effective workshops on campus: An integrated learning styles approach*. Program presented at the meeting of the American College Personnel Association, Baltimore, MD.
- Harris, J. E., & Stock-Ward, S. R. (1995, March). *Workshop design and facilitation: An integrated learning styles approach*. Program presented at the meeting of the American College Personnel Association, Boston, MA.
- Harris, J. E., Kramer, L. A., & Stock-Ward, S. R. (1994, March). *The interaction of gender and emotions in counseling*. Program presented at the meeting of the American College Personnel Association, Indianapolis, IN.
- Harris, J. E., Nance, S. M., Geist, R. L. (1994, March). *Increasing your effectiveness as a workshop facilitator on campus*. Program presented at the meeting of the American College Personnel Association, Indianapolis, IN.

- Harris, J. E., Joy, R. H., & Davis, L. E. (1993, September). *Meeting the challenge of diversity programming: Using experiential exercises in diversity workshops*. Program presented at the Midwestern Conference on Diversity Issues and the Role of Counseling Centers, Urbana, IL.
- Harris, J. E., Davis, L. E., & Geist, R. L. (1993, March). *Training students and professionals to facilitate developmental workshops on campus*. Program presented at the meeting of the American College Personnel Association, Kansas City, MO.
- Gertner, D. M., & Harris, J. E. (1993, March). *Exploring masculinity: Experiential learning and teaching about men's issues*. Workshop presented at the meeting of the American College Personnel Association, Kansas City, MO.
- Harris, J. E., Gertner, D. M., & Lastition, M. (1992, March). *Exploring masculinity: Experiential exercises to help students explore men's issues*. Program presented at the meeting of the American College Personnel Association, San Francisco, CA.
- Summerfield, C., & Harris, J. E. (1992, March). *Beyond trying to score: Developing a male sexuality education program*. Program presented at the meeting of the American College Personnel Association, San Francisco, CA.
- Harris, J. E., & Heesacker, M. (1990, August). *Changing men's attitudes about masculinity and help-seeking*. Paper presented at the meeting of the American Psychological Association, Boston, MA.
- Harris, J. E., & Heesacker, M. (1989, May). *Does the need for counseling hinder counseling-relevant attitude change processes?* Paper presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- Harris, J. E., Heesacker, M., Chapin, J. L., & Gilbert, B. J. (1989, May). *Cognitive consolidation and need for cognition influence cognition-attitude consistency*. Paper presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- Harris, J. E., Heesacker, M., Elliot, T. R., & Howe, L. A. (1989, May). *The impact of work personality on productivity and job tenure in clothing factory workers: A follow-up study*. Paper presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- Harris, J. E., & Heesacker, M. (1987, May). *Cognition in counseling: Integrating three theoretical approaches*. Paper presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- Jinkerson, D. L., Heesacker, M., & Harris, J. E. (1986, May). *Thoughts about donating your organs: The good, the bad, and the ugly*. Paper presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

Honors and Awards

Texas Woman's University Favorite Faculty Member, Nominee, Spring (2009)
 Outstanding Teacher of Psychology – Hawaii Psychological Association (2006)

Grants Submitted

Brooks-Harris, J. E. (2009). Using multicultural skills training to increase cultural competence among mental health clinicians. Hogg Foundation for Mental Health. \$14, 928.

Brooks-Harris, J. E. (2008). Testing the feasibility of two interactive psychotherapy sessions. Texas Woman's University, Research Enhancement Program. \$7336.

Scholarly Works in Progress

Altschul, D. B., Brooks-Harris, J. E. Hamada, W., Nacapoy, A., Buhin, L., Savage, S. (in progress). Addressing culture throughout the therapeutic process: A new model of culture-centered skills. To be submitted to *The Counseling Psychologist*.

Jennette, D. M., Brooks-Harris, J. E., & Wagner, K. S. (in progress). Multicultural adaptations of counseling and psychotherapy interventions. To be submitted to *The Counseling Psychologist*.

PROFESSIONAL SERVICE

Service Activities for the Component, College, University

Department of Psychology and Philosophy

Counseling Psychology Core Faculty Committee
Practicum Coordinator, Counseling Psychology Program

Service to the Profession

Society for the Exploration of Psychotherapy Integration

Chair, Conference Program Committee, 2008-2009

American Psychological Association

Chair, Practicum Training Committee, APA Division 17 Section on College and University Counseling Centers, 2003-2007

Internship Site Visitor, APA Office of Accreditation

November 2001 – University of Wisconsin-Madison Counseling Service

March 1997 – Washington State University Counseling Services

March 1997 – Texas Woman's University Counseling Center

American College Personnel Association

Commission VII: Counseling and Psychological Services

Editor, Workshop Central Web Site, 1998-2005

Co-chair, Program Committee, 1995-1997

Member, Directorate Body, 1994-1997

Moderator, Practicum Network for University Counseling Centers, 2002-2007

Ad hoc Manuscript Reviewer

Psychotherapy Research, 2008

Invited Presenter: *Multitheoretical psychotherapy and supervision*. Continuing education workshop to be presented at Galaxy Counseling Center, Garland, TX, 11/09

Invited Presenter: *Multitheoretical psychotherapy: A new approach to integrative treatment and training*, University of Illinois at Urbana-Champaign, 1/07

Memberships in Professional Societies

American Psychological Association (APA), 1990-present

APA Division 17: Society for Counseling Psychology, 1990-present

Society for the Exploration of Psychotherapy Integration, 2003-present

Texas Psychological Association, 2009-present

Hawaii Psychological Association, 1995-2007

American College Personnel Association, 1990-2002

Commission VII: Counseling and Psychological Services, 1990-2002